

SACAJAWEA SCROLL

FRIDAY, JUNE 2, 2023

NEWSPAPER OF SOUTH DAKOTA GIRLS STATE SINCE 1947

FOLLOW US @SDGIRLSSTATE

Governor candidates selected, share platforms

Federalist

**Kennedy Blechinger,
Sarah Schmidt**
Sacajawea Scroll

Even before she got to Girls State, Sophie Spier had her eye on the prize. Sophie is running for the governor position, a goal that she's held close ever since her older sister was elected a decade ago. After Thursday morning's General Assembly, her goal is even closer to becoming a reality. One candidate was chosen from both the Nationalists and the Federalists, to represent their party in the gubernatorial race. Spier was chosen to represent the Federalist Party.

With background experience, a plan for the improvement of Girls State, and the support of her fellow delegates, Spier feels she is ready to embody the role of governor. She calls on her participation in several student council associations and National Honor Society to propel her forward as a strong leader and agent of community service and improvement.

"If you think about it, a leader is just a voice for everybody that can't speak up," Spier said. Sophie supports this with some of her plans for the position, such as encouraging inclusivity and unity to represent everyone.

However, Spier's plans as potential future governor don't stop there. Sophie clarifies that she will make Girls State a better place for next year's delegates through "advocacy, numbers, and [getting] our delegates out there."

Although it may not be seen by all the delegates, the road to becoming governor comes with adversities that take dedication. Wednesday night, Spier was "up until two in the morning making posters" to prepare for the following caucus and primary elections.



SARAH SCHMIDT | SACAJAWEA SCROLL
"Let's get this loaf, vote for Soph!"

Nonetheless, Sophie Spier is grateful that she had such dedicated campaign supporters to help her along the way. She emphasizes that her favorite part of the campaigning process is that "so many girls are just so excited to pitch in and help." When asked about why she believes herself to be a good fit for governor, Spier happily shared her own mantra: "I've slowly grown into this mindset that life is more focused on the impact you can make rather than the impact it makes on you."

She works to implement this vision by allowing herself to be influenced by her surroundings while also inspiring those around her. Sophie cites Nyapal Chuol, last year's governor, as "a friendly face that everyone can look to." She hopes to continue this example and motivate future generations of Girls State.

Unfortunately, not all of Spier's campaign process has been positive. Just yesterday, Sophie learned that one of her friends had passed away. This tragic loss is painful for all of us, but Sophie promises to stay strong.

"Her name is Sophie, too. She's beautiful. I'm going to do this for her," Spier asserts, recalling her friend's life. Despite these challenges, Spier is going forward with a bright smile and even brighter hopes for the upcoming election.

Ashlyn Triplet, Kaytlyn Triplet
Sacajawea Scroll

"Girls State... Are you ready for it?" Nationalist Governor Candidate Emily Hua is!

During Thursday morning's general assembly, two delegates from opposing parties were selected as candidates for next year's ALA Girls State Governor, whom Governor Chuol announced.

"Three words [I would use to describe myself] would have to be honest, genuine, and hardworking. I think those are three traits all

Governors should have," Hua said.

Hua believes in making Girls State a safe place for everyone.

"My mission is to make sure that everyone feels welcome, and everyone has a voice within Girls State because I do believe that girls have the power to run the world and to be involved in politics in their community," Hua said.

"I hope to create a more welcoming environment where girls feel they have a voice."

Hua is adamant

about wanting to make sure girls are heard. She made sure hearing these girls was a priority when talking to her city Miami.

"I believe I'm the best option because I'm somebody that really values being a team player," Hua said.

Hua also believes those are the best qualities that build authentic relationships and help with teamwork.

Hua was very excited to be chosen as a candidate and thankful for the support her city has given her.

Hua expressed how at the beginning of Girls State, she was unsure whether to run for office, let alone Governor.

"I am having so much fun with these girls. It really inspired me to go for it," Hua said.

Since she has been having such a great time at Girls State, Hua only wants the same for future delegates.

When asked about how she is going to make Girls State better, Hua said, "I will make Girls State a better place by promoting inclusivity and diversity. I think that everyone here has a voice to share, and I'd love to hear everyone's voice."



KAYTLYN TRIPLET | SACAJAWEA SCROLL
"Girls State... are you ready for it?"

CITY WATCH

Washington

Best smile: Sophie Spier
Best dressed: Madalyn Bauman
Messiest dorm: Brooklyn, Emma
Most organized: Alexa
Most likely to get lost on campus: Kate barbush
Dynamic duo: Madalyn Bauman, Jayden Bender
Class clown: Alyssa Moschell
Most likely to sleep through flags: Kendyl Locken
Future Mrs. President: Sophie Spier
Best laugh: Katie Stange

Baltimore

Best smile: Bina Nelson
Best dressed: Akasha Gorecki
Messiest dorm: Jenae Christensen, Bina Nelsen
Most organized: Ruby Wyatt
Most likely to get lost on campus: Ciara Somsawat
Dynamic duo: Cassidy Ewing, Cassidy Woerner
Class clown: Cassidy Woerner
Most likely to sleep through flags: Ashley Bondesen
Future Mrs. President: Cassidy Ewing
Best laugh: Joslyn Voegele
Most boy crazy: Cam Monroy, Maryjane Clark

Cleveland

Best smile: Brooklyn
Best dressed: Ani
Messiest dorm: Ciara
Most organized: Eva
Most likely to get lost on campus: Lexi Cutler
Dynamic duo: Ezerina, Kate
Class clown: Adissyn Fink
Most likely to sleep through flags: Siyanne, Sofie, Kadence
Future Mrs. President: Coryn
Best laugh: Taylor

Detroit

Best smile: Sage Wilson
Best dressed: Rylie Gossen
Messiest dorm: Lilly Paxton
Most organized: Anna Leuning
Most likely to get lost on campus: Quinn Hewit
Dynamic duo: Taylee, Alyza
Class clown: Camryn Kurtz
Most likely to sleep through flags: Nicolette Hoffman
Future Mrs. President: Reagan Blackburn
Best laugh: Quinn Terkelson
Best southern accent: Emerson Wermers

St. Louis

Best smile: Maddie Cross
Best dressed: Becca Feldhaus
Messiest dorm: Senior Counselor Lily Schaefer
Most organized: Jayna Handel
Most likely to get lost on campus: Ellie Cruz
Dynamic duo: Jayna Handel, Emma Riggs
Class clown: Megan Raschke
Most likely to sleep through flags: Senior Counselor Lily Schaefer
Future Mrs. President: Becca Feldhaus
Best laugh: Megan Raschke
Prettiest voice: Emily Torgerson
Prettiest name: Rain Swenson
Best hair (braided): Sapphire Wyatt
Best hair (curly): Sarah Juelfs
Loudest: Emma Kraft
Quietest: Echo Dot
Future boss woman: Josee Compton
Mess with her if you dare: Adair Hanisch
Best mom: Shahead Wahbi
Most talented: Megan Raschke
Nicest: Kailey Thompson

Miami

Best smile: Evelyn Tran
Best dressed: Shae Rumsey
Messiest dorm: Alakiir Gak
Most organized: Morgan Schelske
Most likely to get lost on campus: Madalyn Tuttle
Dynamic duo: Emily Borkowski, Elyse Torsney
Class clown: Anna Baite
Most likely to sleep through flags: Jules Hemelstrand
Future Mrs. President: Emily Hua
Best laugh: Jessie Agnew
Future mom: Diony Borja

St. Paul

Best smile: Daniela Lee
Best dressed: Olivia Hadrick
Messiest dorm: Jenna Connot
Most organized: Claire McElroy
Most likely to get lost on campus: Jerica Stark
Dynamic duo: Cindy Khuu, Kamryn Hunt
Class clown: Amber Pisano
Most likely to sleep through flags: April Phillips
Future Mrs. President: Madison Hill
Best laugh: Kamryn Hunt
Most likely to be on the Bachelor: Isabelle McConniel

Minneapolis

Best smile: Rebecca Bich
Best dressed: Ariana Georgescu
Messiest dorm: Natalie Smith
Most organized: Laura Ge
Most likely to get lost on campus: Audrey Akkerman
Dynamic duo: Bridgett Lemmel and Hadley Luke
Class clown: Laney Spencer
Most likely to sleep through flags: Rose Lane
Future Mrs. President: Neveah Rusher
Best laugh: Greta Larson
Most likely to run you over: Brooke Schwagel
Most likely to break out in song: Mackenzie Hollenbeck
Most likely to be a teacher: Elyssa Bartelt
Musical maestro: Rylley Behrens
Diligent delegate: Mattie Duffy
Bubbly beautician: Grace Robb
Most likely to be busy: Carissa Scheel

Connect with us!

- Twitter: @SD_GirlsState
- Snapchat: @SDGirlsState
- Instagram: @SDGirlsState
- @alasd.sacagawea.social
- Facebook: Journalism City: South Dakota Girls State

CITY WATCH

Boston

Best smile: Claire Mellegaard
Best dressed: Eva Madsen
Messiest dorm: Rachel Lohse
Most organized: Brooke Peotter
Most likely to get lost on campus: Claire Pearman
Dynamic duo: Elsa Friesen, Sienna Klein
Class clown: Racquel Driedger
Most likely to sleep through flags: Sunday Rose
Future Mrs. President: Breanna Wollman
Best laugh: Paige Schmidt
Night owl: Jalyssa Bird
Most sarcastic: Hannah Beyers
Forensics fanatic: Olivia Culver
Girl Boss: Aspen Hickey
Most likely to be an undercover spy: Avery Moschell
Quietest: Emily Overson
Most likely to pronounce names wrong: Faith Small
#1 Swiftie: Lili Fods
Best snorer: Abby Clark

Journalism City

Best smile: Kennedy Blechinger, Torri Virtue
Best dressed: Tamia Oliver, Sarah Schmidt
Messiest dorm: Anais Castro
Most organized: Reese Duncan, Kennedy Blechinger
Most likely to get lost on campus: Shelby Timm
Dynamic Trio*: Maria Feiock, Nadia Roux, Emma Zimmerman
Class clown: Anais Castro
Most likely to sleep through flags: Kaytlyn Triplet
Future Mrs. President: Ashlyn Triplet
Best laugh: Elizabeth Rassel
Most likely to own their own newspaper: Reese Duncan

Chicago

Best smile: Emily Hill
Best dressed: Jenny
Messiest dorm: Anna Bisbee
Most organized: Hannah
Most likely to get lost on campus: Tesfanesh
Dynamic duo: Piper and Morgan
Most likely to sleep through flags: Josephine
Future Mrs. President: Eloise Hayes
Best laugh: Sofia
Most likely to survive the zombie apocalypse: Lanie
Mad scientist: Morgan
Most changed since Monday: Piper
Most likely to get away with a crime: SKighe
Most likely listening to Taylor Swift: Rayna
Most likely to take over the world: Ava
Most likely to be a millionaire: Kiara
Storyteller: Gabriella
Most likely to be added back by Boys State: Matti

Los Angeles

Best smile: Rose
Best dressed: Mariana
Messiest dorm: Heidi
Most organized: Rose
Most likely to get lost on campus: Heidi
Dynamic trio*: Sydney, Heidi, Peyton
Class clown: Heidi
Most likely to sleep through flags: Ashlyn
Future Mrs. President: Rose
Best laugh: Mariana
Best toes: Danica

New York

Best smile: Maria Quale
Best dressed: Emily Marshall
Messiest dorm: Tara Schofield
Most organized: Caroline Irvine
Most likely to get lost on campus: Isabella Miller
Dyamic duo: Elle Johnson and Caroline Irvine
Class clown: Meghan Gustafson
Most likely to sleep through flags: Nicole Steffenson
Future Mrs. President: Ashley Crouch
Best laugh: Meghan Gustafson

Seattle

Best smile: Dakota Flanery
Best dressed: Isabella Martinez
Most likely to get lost on campus: Quinn Alt
Dynamic duo: Jayden VanPelt, Ella Wellnitz
Class clown: Kaitlynn Mellem
Most likely to sleep through flags: Kyla Schaunaman
Future Mrs. President: Lavin Maddox
Best laugh: Kaia Day



Thank you to the
Political Science Department
for sponsoring this issue of
the Sacajawea Scroll.

Philadelphia

Best smile: Avery Norris
Best dressed: Rylie Huff
Messiest dorm: Makayla Fuoss
Most organized: Rylie Thompson
Most likely to get lost on campus: Madison Meier
Dynamic duo: Jarynn Schelhaas and Amya Camp
Class clown: Leni Olson
Most likely to sleep through flags: Brittney Hanson
Future Mrs. President: Jaryn Warjcka
Best laugh: Mikayla Browning
Most likely to win the lottery in the next five years: Lydia Street

Turning Away from Gray

Chloe Petersen
Sacajawea Scroll

On Thursday night, Journalism City had Vespers. One of the main topics was why our shirts were gray, and why it should be replaced with another color, like white or black.

The color gray is often compared to invisibility, and we all decided we felt invisible while wearing the color gray.

One of our members, Kennedy, said that the shirt should be purple instead of gray because it's a mix of the two colors. The majority of the room agreed with this comment because we, as journalists, aren't allowed to take a side, and purple represented that we're on both sides- the Nationalists and the Federalists.

Purple shirts, while being a representation of how we can't take sides, also make us stand out with the blue and red shirts that the Nationalists and Federalists wear.

As previously mentioned, the gray shirts made us blend into the crowd. Even with the gray shirts on, we were still asked to sign certain petitions or to vote someone for governor.

The majority of us believed that if we were in purple shirts, we would both be noticed more and be more involved within the cities!

Adding onto that, the purple shirts would look better and let us have our own community while still supporting the others.

Objectivity

Reese Duncan
Sacajawea Scroll

Throughout the week, the Journalism City delegates have been separated from the typical boundaries of other groups.

On Thursday, all of us were assigned to wear gray shirts rather than the red of the Federalists and the blue of the Nationalists. Our gray shirts symbolize our bipartisan nature and devotion to complete objectivity of the news; therefore, our actions emulate the historical root of journalism that guides an informed democracy like that of Girls State itself.

It may seem like much of mass media has moved away from the original principles of truth as of late, but there is still much hope in the institutions of journalism itself.

The next generation of journalists, including the Journalism City delegates, is rising quickly. The constant exposure to the power of misinformation and bias that has polarized the population stands as an example for all new reporters to learn from and fix for the future.

Confidence in the media is still glimmering with hope because of those who can feed the roots that it was built on; our continual devotion to being a bipartisan group at an educational event like Girls State displays this bright future.

It may seem pretentious to take all of this from the simple assignment of gray shirts; however, the importance of valuing and prioritizing objectivity can determine the fate of democracy itself.

ithout an accurately informed populace that can access the facts of issues, consider all sides of the equation and vote based on their opinion alone, democracy would crumble.

Each person gets to share their genuine voice in a nation with fact-based journalism, thus carrying the best interests of the people and for the people.

These shirts power all delegates' ability to vote for the figures they genuinely want, without the threat of bias.

As famous journalist Bob Woodward would say: "democracy dies in darkness."

Marty Jackley Motivates Women

Tamia Oliver
Sacajawea Scroll

This past Thursday, the citizens of Girls State got a special visit from none other than Marty Jackley, South Dakota's States Attorney. It was a thrill to see him explain the ups and downs of being an Attorney General and how he goes day to day improving our state for the better. He gave the girls the general idea of what a typical day as an attorney was like, however many of us were surprised to find that it is not a standard schedule and typical day.

Mr. Jackley makes the statement that, "You can never know what's going to happen and that's why I love this job." He explained that the diverse and varying details of his job keep him on his toes and help him react whenever he needs to in chaotic situations.

He even gives an analogy with football of how, "you can prepare for a football game, but only five or ten percent of your preparation is actually going to happen. The rest of that play or the rest of your life which is the ninety or ninety-five percent is how you react to things."

This amazing piece of advice was followed by excellent stories of times that he had to roll with whatever was thrown at him. He explained different scenarios or circumstances where a quick reaction and statement was needed in order to gain justice for those who had been wronged.

Speaking of which, one of the topics that Mr. Jackley



TAMIA OLIVER | SACAJAWEA SCROLL
Marty Jackley offers wisdom to Girls State delegates

was very passionate about the effects of drugs on women who are imprisoned in South Dakota. He discussed his most recent achievement of, "bringing a litigation against the opioid company for what they did, bringing in eighty million dollars to South Dakota." This money is being used for many services that will help all people in South Dakota, but is primarily being used for treatment facilities for women who are dealing with addiction.

Jackley was very passionate about helping young women and defending those who cannot defend themselves in society. His last parting word to the girls was that as he was looking around at the young women before him he knew that South Dakota is going to be in good hands.

N L S U P R E M E C O U R T H Y E N R O T T A
Y V Z Y C I L J S S N U E E W B K T P P G N Q
W J C T O R A S B I O U P J C P H T Y E O Y L
Y Q Q I U C T G S A I Q R W H F Y O S P V A I
Q X B C R F G L U H G U E M I R Q V R L E P N
Y K Y M T S B U E C E H S Q E D Q P O K R A D
Q U U S P P F D P M L H E C F P W Z T X N L A
L F L I R L O V E Y N Y N T J X U Z A S O C D
A P G L O P R B T N A N T Q U N E F N B R H U
W L E A C D E W E O C R A B S E J Y E V T U B
U F Q N E O N C R T I R T W T G H P S A D O A
N K G R D H S E S O R O I E I I B I J V B L Y
Y B O U U Q I Z O B E N V X C K I Q X S E Y H
X L N O R O C B N N M I E C E L E X W S I A V
A C W J E O S M T R A F S I M P S H K Z Y B M
M N F F S G Y L K C A J Y T R A M N X H S S H

AMERICAN LEGION
ATTORNEY
CHIEF JUSTICE
COURT PROCEDURE
FORENSICS

GOVERNOR
JOURNALISM CITY
LINDA DUBA
MARTY JACKLEY
NYAPAL CHUOL

REPRESENTATIVES
SENATORS
SUE PETERSON
SUPREME COURT

Governor Chuol shares insights, advice to delegates

Maria Feiock, Nadia Roux, Emma Zimmerman

Sacajawea Scroll

At this point in the week, you are probably very familiar with Girls State Governor Nyapal Chuol. Whether it be blessing citizens with some Taylor Swift quotes or leading general assemblies, Governor Chuol has helped to create a welcoming atmosphere that inspires the girls of Girls State.

As ALA Girls State is close to wrapping up elections, it's easy to lose yourself to the heat of the competition.

To help the Girls State candidates, current governor Nyapal Chuol shared some important insights into her experience she had while running and gave some helpful advice for the delegates.

When asked what the

most difficult thing she experienced while running for governor was, she mentioned that public speaking in a large setting clouded her with fear, which was quite unsettling. However, Governor Chuol stated that she was most thankful for her support system, especially her counselors and – strikingly – her running mate.

It was helpful to have someone that was experiencing the same pressure as herself. This group of people allowed Chuol to be more confident as she continued in the election process.

Since there were the only two people going through the same thing, she stated that it was important to stay close to them as they could relate to the fear in a way nobody else could.

Another important thing

to keep in mind when running for office is that “whatever happens, happens” as Governor Chuol stated. “Getting as far as a governor nominee is an amazing accomplishment, don’t downplay your success if you don’t win. Having time to yourself and getting away from the heat of it all for a while is a good time to clear your mind and gather your thoughts.

Perhaps the most important advice of all was “doing it scared.” There’s no way to completely ease the fear you are experiencing, so embracing it is the way to go. Stay confident in yourself and try not to worry about what others think and see where it goes.

In our self-care guide, we talked about setting boundaries with your time and activities. Governor Chuol even reinforces this ideology.

Chuol says that, although the elections were important to her, don’t lose a part of yourself to them. This can overwhelm experiences at ALA Girls State, and perhaps even ruin them. Setting time away

from the competitiveness and just enjoying yourself will create everlasting memories of happiness at ALA Girls State!



JADA SANDVALL | SACAJAWEA SCROLL
Governor Nyapal Chuol speaking at General Assembly

J-City Talks Broadcasting

Abigail Saylor, Anais Castro

Sacajawea Scroll

During Thursday’s lunch hour, journalism city delegates had the opportunity to sit down and talk with two employees from Riverfront Broadcasting.

Located in Yankton, SD, the radio station provides news, sports, and of course, music, to its listeners.

Jeff Erickson, a morning show host, and Josh Boetler, the news director, spoke about their duties on a day-to-day basis.

Jeff will typically start his day bright and early with recording segments and editing clips to make his time on air go smoothly.

Josh, on the other hand, comes later in the day to catch up on the latest breaking news or sporting event.

The pair advocated for any girl looking to work in broadcasting to take a positive approach whenever possible.

The journalists learned about how working in smaller communities allows for numerous sources of information, and grows close relations with local businesses.

Skills such as being able to relate to the audience and process information accurately are ideal skills in this line of work.

Another practical skill would be the ability to identify reliable sources while keeping a neutral point of view.

When asked about their conversation with Josh and Jeff, the journalists commented on how shocked they were to find out how diverse and flexible these jobs could be.

The journalists main take away was a point made by both Jeff and Josh, about the importance of being a reliable source for your viewers.

Delegates learn self-defense

Reese Duncan

Sacajawea Scroll

On Thursday afternoon, delegates gathered in the auditorium to learn the basics of self-defense from Shane Toupal.

During the demonstration, Toupal taught moves from wrist rolls to foot stomps to highlight the importance of self-preservation and situational awareness.

As a current federal park ranger and prisoner transporter with decades of military experience, Toupal developed his situational awareness through his exploits. Now, he can use his own lessons

learned to teach others.

Joined by his son Mark to illustrate the tactics, Toupal began his presentation by stressing the seriousness surrounding the tragic topic of assault. Despite the weight of the conversation, Toupal brought humor to it, thus engaging delegates and teaching them lasting strategies to use when in dangerous situations.

As self-defense classes become more popular, he believes that people are starting to understand the severity of all acts of

assault, however, people must keep progressing to become a fully understanding society.

“I think one of the things that we as a culture have done is advanced to a point where we understand that a lot of these things do happen, and we need to

stop victim blaming,” said Toupal. “I believe that self-defense has helped address that.”

Because women have higher rates of victimhood, especially concerning sexual assault, the lessons shown are all the more important to teach these strategies at Girls State.

Toupal continued to move beyond just exemplifying the physical moves that people can use for self-protection and explained the vitality of reaching out to others when struggling after any act of violence.

“I think [self-defense classes] can make people aware that even if they have been victims of sexual assault, or even physical assault, it’s in their very best interest that they seek help,” said Toupal. “Emotional and mental health is paramount. Ultimately, self-defense is about mental health... we want somebody to be prepared to avoid these situations, and if they’re in them to be able to recover from that”



TAMIA OLIVER | SACAJAWEA SCROLL
Toupal demonstrates self-defense techniques to delegates

Friday’s Weather
By Maria Feiock

Daytime Forecast:

High of 87°
% chance of precipitation
Pack an umbrella, it will be partly cloudy with a possibility of small showers. Don’t let the clouds fool you, the UV index will be quite high and will put you at risk of sunburn. As usual, wear sunscreen and stay hydrated! You don’t want to be feeling down during inauguration!

Nighttime Forecast:

Low of 65°
% chance of precipitation
Peaceful Friday night with few clouds covering the sky.

Lost & Found

Maria Feiock
Sacajawea Scroll

During the first General Assembly of Wednesday, we saw 2023 ALA Girls State first “lost and found.”

Four poor, probably embarrassed girls were called onto the stage (we will not reveal their names!) to collect their lost items: a stanley cup, a t-shirt, and a binder.

But if you thought the embarrassment stopped there, you’d be wrong!

The girls were then subject to dance to the popular song, “Watch Me (Whip / Nae Nae)” doing the dance we’ve all grown up to.

Only after completing their torture were the girls allowed to grab their items and return to their seats, finally relieved from their embarrassment.

So, to stay safe throughout the week, don’t lose your items!

Friday’s Horoscope
Ashlyn and Kaytlyn Triplet

Aries (March 21- April 19): Embrace the unknown, you will never fully be able to control life. You will make a great friend you will always be able to reach out to in times of need.

Taurus (April 20- May 20): This week is a great time to make and commit to new relationships and friendships. Your future will come in to play, and it may be time to start thinking about your life instead of others.

Gemini (May 21- June 21): Your hard work is about to pay off! You will soon see the results of your efforts and feel a sense of accomplishments. Keep pushing forward, and don’t give up.

Cancer (June 22- July 22): Today is a great day to focus on personal growth and development. Take some time for yourself and reflect on your goals and aspirations. You may find you are more motivated than ever to pursue your dreams.

Leo (July 23- August 22): Today is a great day to put your leadership skills to the test! You may find yourself in a position of authority or leading a group project. Trust your instincts and remember to be confident in your decisions.

Virgo (August 23- September 23): Today is a great day to connect with others. Reach out to a friend or family member that you haven’t spoken to in a while. You may be surprised at how much you have in common and how much you enjoy catching up.

Libra (September 23- October 23): It is likely to be a difficult day on your family front. Situations may spiral out of control. Just remember communication is key. Remember o work hard and keep productive on the things you love!

Scorpio (October 24- November 21): Today is a powerful day! Remember to put teamwork and collaboration first. Accept fresh ideas and collaborate with delegates to attain your goals. Take command and confidently lead. You have the knowledge and talents to make your goals come true.

Sagittarius (November 22- December 21): Focus on career and professional goals. Stay focused and disciplined, but also remember to take care of yourself. Remember, prioritize your mental and physical health.

Capricorn (December 22- January 19): Focus on our relationships. It is important to prioritize your connections with other people. You might feel more emotional, but that’s okay! Use this time to strengthen bonds with people you care about.

Aquarius (January 20- February 18): This is a good time to focus on personal growth. Explore new things and experiences. Stay grounded but don’t be afraid to take risks. Trust your instincts and believe in yourself.

Pisces (February 19- March 20): Be bold and daring, and you will find yourself in new and exciting territories. This is a day for Pisces to let their intuition lead the way. The universe is driving you to step out of your comfort zone and take a leap of faith.

Elections in full swing

Maria Feiock, Nadia Roux,
Emma Zimmerman
Sacajawea Scroll

Elections are on a roll and the reality of what ALA Girls State entails is finally settling in. Yesterday continued the election process on a county level as city members eagerly nominated their peers for positions in the county. We took the morning to sit in on the Nationalists election process to get a better idea of how it worked.

When we sat down in the room, we heard delegates plotting together. Whispers of “I’ll vote for you if you vote for me” concluded that the voting system in use was a spoil system. By promising each person a vote or possibly a position, voting for that person seemed like a guaranteed win.

The Nationalists began by nominating candidates for County Party Chairperson. Delegate Siyanne Redda won with her slogan “Have it your way, vote for Siyanne.” Every County

Party Chairperson needs a vice. Delegate Brooklyn filled that position with an overwhelming majority vote.

As for Secretary Treasurer, Sydney Olson swept the floor with her slogan, “Sydney Olson is the potion!”

They continued voting in this same “heads down, hands up” style to fill positions such as state attorney and more.

The county was on a roll electing positions until they came to the coroner. When faced with a tie, delegate Heidi Olson was quick to ask “who can hold their breath the longest?” Some qualities are more important to voters than others – it seems. There was in fact no breath holding contest but a re-vote resulted in winner Emily Clark.

Voting, at first, can seem like a chaotic mess; but, the delegates and their counselors always seem to pull through the

voting with a clear winner.

The Nationalists were then split up into their counties/ districts to vote for the County Commissioners.

Totaling four, one per county, these commissioners seem to have more invested roles.

Trying to hurriedly speed up elections, mostly due to lack of time, the group then began voting for senators and house representatives.

Our time at the Nationalists Party elections proved to be a chaotic, although effective, time of voting. They faced ties, confusion, and bumps.

But regardless of those setbacks, the group always seems to adapt and learn and bounce back. Slogans, spoil systems, and “heads down, hands up,” kept the elections on a roll.

Reporters / Photographers

Kennedy Blechinger
Anais Castro
Reese Duncan
Maria Feiock
Katte Matthes
Tamia Oliver
Chloe Petersen
Elizabeth Rassel
Nadia Roux
Abigail Saylor
Sarah Schmidt

Shelby Timm
Ashlyn Triplet
Kaytlyn Triplet
Torri Virtue
Emma Zimmerman

Counselors/Interns

Emerson McClure
Olivia Hunhoff

Volante Staff/Adviser

Tim Schreiner
James Kelly

The Sacajawea Scroll, the newspaper of Journalism City and the American Legion Auxiliary Girls State Program, is sponsored by the Freedom Forum Al Neuharth Media Center.

Party Caucuses

Federalist Caucus

Kennedy Blechinger, Sarah Schmidt
Sacajawea Scroll

At Girls State, one position is coveted more than any other: Governor. On Wednesday evening, eight delegates from the Federalist Party proclaimed they were running for governor.

These eight ambitious girls were preceded by the Keynote speaker callback nominees, five energetic delegates assigned to riling up the crowds. Anializ de Jesus and Audrey Fraasch from Cleveland, Sienna Klein from Boston, Amber Piasco from St. Paul, and Anna Bate from Miami stoked up a roaring group of Federalist supporters.

Following the Keynote nominees came potential governor candidates. Sophie Spier, from the city of Washington, represented Codington County. She riled up the crowd with her slogan, "Let's get this loaf, vote for Soph." Other candidates included "Diony Borja Montoya from Hughes County, Akasha Gorecki from Pennington County, Delaney Hefty from Beadle County, Nadia Lounge from Minnehaha County, Bridgett Lemmel from Brookings County, Alexa Morin-Baxter from Pennington County and Lexi Cutler from Beadle County.

At the end of the Federalist Caucus, the red wave of politicians, delegates, and avid supporters were more than enthusiastic about upcoming elections. Keynote Speaker Sienna Klein was chosen as the official speaker for the Federalist Party and led the girls through some energetic – and slightly intimidating – chants to wrap up the evening.

Nationalist Caucus

Chloe Petersen, Kate Matthes
Sacajawea Scroll

Two days ago, caucuses were held to announce the nominees for Governor.

The Nationalist nominees were Breanna Wollman, Nevaeh Rusher, Quinn Alt, Rylie Huff, Siyanne Reda, and Emily Hua. Every single candidate leaked enthusiasm while announcing themselves.

Throughout the caucus, the Nationalist keynote speakers lit up the audience with specialized chants relating to their mascot: the turtle.

One of these calls included forming their hands into a turtle shape and shouting "GO TURTLES!" Other chants they had included shouting the letters "GO NATS," but they also had choreographed other things like pretending they were on a rollercoaster or standing and sitting down in a motion that created a wave-like sequence.

While some of the audience may have been a bit too tired to participate, the ones that did participate lit the entire room up with their enthusiasm. At the beginning of the General Assembly two nights ago, the "Natties" surprised everyone by entering in their "Natty Train," and they did it at yesterday morning's General Assembly as well.

Even if the Nationalists don't win, they should keep their motivation as they move forward and continue to stay as happy as they were at the caucuses.

Making Time For Me

The Importance of Self-Care

**Maria Feiock, Nadia Roux,
Emma Zimmerman**
Sacajawea Scroll

As ALA Girls State continues and the competition gets more demanding, it is important not to put the heat of the elections over your own health. By maintaining your health, you are more likely to enjoy yourself and the chances of winning are likely to increase with a better self-image. A good self-image leads to confidence and limits nerves when walking into an important election or speech. Listed below are some helpful tips to help get you through the week!

SLEEP! As you form new friendships, especially with your roommates, it is easy to lose track of time while hanging out. But more often than not you will be grateful that you went to bed earlier; extra rest will allow you to gain more from the day and make it till the end.

EMBRACE A POSITIVE ATTITUDE! You'll never win if you think you're going to lose right away!

DRINK LOTS OF WATER! The heat makes it easy to get dehydrated and feel sickly, therefore drinking water can combat that. A great way to start your day is to begin by drinking some water due to the fact that people usually become very dehydrated over the night!

EAT HEALTHY! Eating some balanced meals here and there can make you feel better and give you much-needed energy.

SET BOUNDARIES! Setting healthy boundaries with your work and others; setting healthy boundaries of when to work and when to have fun can lead to good lasting memories here at ALA Girls State!

WORK OUT! Working out can lead to more endorphins (happy hormones) and gets your blood moving. ALA Girls State provides ROTC workouts at 6 AM each day, so make sure to check it out!

BREATHE! When you are feeling anxious, stopping and taking a deep breath is always helpful. This helps slow down your sympathetic nervous system (adrenaline releasing system) and calm you down.

During a stressful day, referring back to this guide can help keep you on track to being successful and less anxious. Most importantly, always remember that you are awesome!

Meet the Delegates

Shelby Timm
Sacajawea Scroll



Jaclyn Wiik, New York
"What is your best pickup line?"
"I'm looking through the most important dates in history, and we could be one."



Emily Hua, Miami
"What is your go-to cereal and why?"
"Lucky Charms, because I used to eat them every day."



Ciara Velasquez, Cleveland
"What is your best excuse for being late?"
"I got pulled over."



Lilly Paxton, Detroit
"What is the farthest you have traveled?"
"Orlando, Florida."



Evelyn Tran, Miami
"How are you enjoying your Girls State experience so far?"
"It has gotten a lot better. I am more comfortable now that everyone else is feeling more comfortable too"

GIRLS STATE GOT TALENT

**Elizabeth Rassel,
Reese Duncan**
Sacajawea Scroll

From singing to acting, to even Taekwondo, talent comes from all around the world. Recent events have led us to the fortune of having citizens from so many huge cities together at once, so why not display the peoples' talents at the wonderful talent show that took place during our last general assembly of the night on Wednesday!

The duet performance of Claire McElroy from the city of St. Paul and Gabby Dodway from the city of Chicago took everyone by surprise. What was said to be a skit turned into a reenactment with vibrant acting, accompanied with signing entirely in ASL.

The first singing event of the evening was taken away by Breanna Wollman from Boston. If you thought her appearance on stage for the introduction of the governors would stop her, you were wrong. She sang the song "Almost There" from the animated movie "The Princess and The Frog." The audience went so wild, we could barely hear Breanna over the cheering!

If a soloist and a duet were not good enough, how

about a performance by an entire city? Chicago took the stage for a dance routine, but once we all saw the Just Dance video for "What Makes You Beautiful" by One Direction's follow-along choreography, the whole room was dancing along.

Also, thank you to the Chicago citizens who sat in front and gave the crowd their very own Just Dance judgements for their amazing participation.

Every talent show has the classics, but they also need their own little zing to things.

Winter McMahon from the city of Philadelphia could not be more perfect for this with her Taekwondo performance and demonstration. She not only showed us the moves of a professional, but she also taught us them. Watch out, South Dakota!

The second singer of the night was the talented Mikayla Browning from Philadelphia. She sang the song "Maybe This Time" by Liza Minnelli from Cabaret. I'm not sure about last time, but this time definitely was the time for Browning. I think we could all agree that we cannot

wait to see her show off her talent next time.

The next performance was one by Jennifer Barnett from Chicago on the piano. I think we all expected something recognizable, but not as classic and beautiful as her playing. She shredded those keys with such Mozart-like ease that it blew the audience away.

Last but not least was Mackenzie Hollenbeck from Minneapolis singing the lovely song Vittoria Mio Core by Giacomo Carisimi with a piano accompanist. We may not have understood a single word being understood, but Hollenbeck's voice was all we needed to hear to understand she was outstanding.

This may have been quite the show, but do not forget about those who performed previously and after the talent show Wednesday night! These girls prepared and helped conclude the talent show, and we enjoyed every bit of it.

Finally, let us not forget about our Junior Counselors! Thank you for the offered talent, but please do not try out for America's Got Talent.



REESE DUNCAN | SACAJAWEA SCROLL
Junior Counselors host the talent night as delegates display their unique talents.